



ETHICAL PRACTICE & TRAUMA WORK

MAY 26 · 9AM-3:30PM

PRESENTED BY: BARBARA MELTON, LPC/S, M.ED., LAC/S, NCC/MAC, CS

5
ETHIC
HOURS

APPROVED

WAYPOINT RECOVERY CENTER

499 WILD HEARTS ROAD
CAMERON, SC 29030

REGISTRATION: \$25 (LUNCH INCLUDED)

Course Description

This workshop will begin by focusing on defining trauma and discussing trauma-informed care and ethical practices when dealing with clients with trauma history. We will look at diagnosis, including differential diagnosis and different criteria for diagnosing children vs. adults with PTSD. Assessment instruments which are in public domain will also be provided which can be ethically used without specific training. We will discuss prevalence and etiology and practical evidence-based methods for treating trauma, many of which do not require specific training or certification to employ.

Learning Objectives

1. Various presentations of trauma & how to ethically employ trauma-informed care
2. Ethics & specifics about diagnosis, differential diagnosis and adult vs. child PTSD and ethical use of various assessment instruments
3. About incidence, prevalence, and etiology for Trauma and Stress-Related Disorders
4. An overview of Eye Movement Desensitization & Reprocessing (EMDR), Thought Field Therapy (TFT) and Traumatic Incident Reduction (TIR) (all of which require specific training); Colin Ross' Trauma Model will also be discussed.
5. How to get the most out of time-limited strategies for working with this population including anchoring/grounding techniques, systematic desensitization, The Counting Method, de-mystification and identification of triggers, guided imagery, relaxation training, cognitive restructuring in dreamwork, cognitive behavior therapy, and interoceptive exercises.



FOR MORE INFORMATION, CONTACT: Ryan Mitchiner · 704-249-7286 · ryan.mitchiner@wprecoverycenter.com

Waypoint Recovery is a Subsidiary of Summit BHC.



Summit BHC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7161. Programs that do not qualify for NBCC credit are clearly identified. Summit BHC is solely responsible for all aspects of the programs.

REGISTER AT: SUMMITBHC.COM/EVENTS