

N. Charleston and Cameron, SC waypointrecoverycenter.com (854) 444-5200



Waypoint Recovery Center believes in a holistic approach, providing evidence-based treatments in a tranquil, safe, supportive community. We provide programming that treats and supports individuals and families along their journey toward a new beginning of long term recovery.

#### **OUR VISION**

Waypoint Recovery Center creates a compassionate, collaborative and therapeutic environment utilizing treatment approaches that address the underlying aspects of a substance use disorder. We regard our dedicated professionals as an integral part of the recovery team. The experienced staff at Waypoint Recovery Center contribute their expertise to every client, helping you to understand and overcome your challenges in collaboration with family and other support systems.

Our goal is to help you reach yours: a healthier, happier life, free from the consequences of substance use disorder. We promote effective interpersonal relationships that enhance trust, acceptance and understanding. We adhere to fair and ethical treatment practices supporting individuals, families, and the community, making Waypoint Recovery Center the preferred treatment provider.



## TREATMENT PROGRAMS

After an Initial Assessment, Waypoint offers its clients a variety of personalized treatment options:

## Residential Treatment (Cameron, SC)

- A structured, comprehensive program located in a peaceful, scenic environment ideal for helping clients address the underlying issues with a substance use disorder
- Programming provided by a multi-disciplinary treatment team of highly experienced professionals in the treatment of addictions; utilizes individuals in active recovery as peer support
- Daily structure includes: Process group, 12-step facilitation, recovery skill-building, relapse prevention, various psychoeducational topics, involvement with the local AA community, living sober recreational skills, and individual therapy
- Access to Medical and Nursing staff 24/7
- Work with the family or support networks to help strengthen the recovery process
- Develop follow-up care with the Intensive Outpatient Program in
   N. Charleston or coordinate with the local resources near the individual

## Intensive Outpatient Program (N. Charleston, SC)

- ~ Our most comprehensive outpatient service
- ~ Tailored both to the needs of the individual and the larger group
- ~ Includes a diverse array of programming: Process group, education, peer support, family sessions, individual therapy, skill building, case management, and drug/alcohol testing
- ~ Continuing care is offered with individual therapy and focuses on recovery management (relapse prevention)

## Outpatient Program (N. Charleston, SC)

- ~ Services are tailored to the need of the individual and can include individual therapy, family member counseling, and diagnostic evaluations/assessments
- ~ We provide diagnostic evaluations/assessments for local employers, providers, and other referral sources from across the state

#### TREATMENT HIGHLIGHTS

# Individual Therapy

- ~ Therapy addresses the needs of the individual; we meet clients "where they are at"
- ~ We introduce the appropriate empirically-based intervention that can help clients gain insight and make effective change

### Family Services

- ~ Opportunities for Multiple Family Group Therapy through our Intensive Outpatient Program
- ~ Family counseling as way to educate, support, and treat the family unit

#### **Group Therapy**

- ~ Focused groups designed to be flexible and meet the needs of the community
- ~ These may include: substance use disorder groups, specific skill-building groups, packaged programming for local referral sources, and treatment groups for people utilizing Medication Assisted Therapy with local practitioners

# Alumni Services (N. Charleston, SC)

- Available once a week, free of charge, to Waypoint alumni after completion of our Residential, IOP and/or Continuing Care Program
- ~ Encourages continued contact during the journey into recovery
- ~ Focuses primarily on relapse prevention and the maintenance of a comprehensive recovery program, not just abstinence

Our Admission staff are standing by to help you or your loved one.

Give us a call and visit our website today: (854) 444-5200 www.waypointrecoverycenter.com

